

COVID-19 GUIDANCE UPDATE: WHAT TO DO IF ...



... YOU TEST POSITIVE

- Isolate for 5 days at home or in Haley dormitory if a resident in university housing.
- If no symptoms, or symptoms resolve after 5 days, you can leave isolation if your antigen test is negative.
- If antigen test is positive, continue isolation and retest at day 7.
- If still positive at day 7, continue isolation until day 10 and then end isolation without further testing.
- Wear a well-fitting mask (KN95 preferred) around others for 10 days, regardless of test results.
- If you were severely ill with COVID-19, consult your healthcare provider about when to end isolation.
- If not immunized, seek vaccination after isolation completed.

... YOU ARE EXPOSED AND VACCINATED INCLUDING BOOSTER OR HAVE HAD COVID IN THE PAST 90 DAYS

- No need to quarantine at home after exposure.
- Wear a well-fitting mask around others at all times for 5 days.
- Test 5 days after exposure with PCR (If vaccinated) or Rapid Antigen (if SARS-CoV-2 positive in the past 90 days). Test immediately if you develop symptoms.
- If no symptoms and a negative test after 5 days, you may continue full activity but should mask around others for 5 more days.
- During the 10-day period, avoid travel and avoid being around people who are at high risk for severe illness.

... YOU ARE EXPOSED AND UNVACCINATED OR NOT VACCINATED IN THE LAST 5 MONTHS

- Get tested immediately after a known contact.
- Watch for symptoms until 10 days after your exposure. If you develop symptoms get tested again.
- Quarantine for 5 days if no symptoms. Mask around others at all times, including in your living environment.
- Test with PCR on day 5 and if negative; resume activities but wear a mask around others until 10 days after exposure.
- Do not go to places where you cannot wear a mask, e.g., indoor dining facilities and gyms.
- Avoid travel and avoid contact with people who are at high risk for severe illness.
- Get immunized or boosted as soon as possible.