



GROCERY STORE ALTERNATIVES: FARMERS MARKETS AND ON-FARM PICKUPS

Farmers Markets

Several farmers markets across the state are open to provide communities with local fresh food during this pandemic. They are using COVID 19 guidelines to varying degrees, for example: increasing distances between vendors; using gloves and providing sanitizer; and providing pickup-only options. The four regional state farmers market are open, and their information is provided below. To see if your local farmers market is open, check the information on the North Carolina Department of Agriculture's Farm Fresh website at <https://www.ncfarmfresh.com/farmmarkets.asp>

State Farmers Market

1201 Agriculture Street
Raleigh

Hours: Monday through
Saturday, 5 a.m. to 6 p.m. and
Sunday, 8 a.m. to 6 p.m.

*Note: The State Farmers
Market Restaurant, NC Seafood
Restaurant and the Market Grill
are closed.*

Robert G. Shaw Piedmont Triad Farmers Market

2914 Sandy Ridge Road
Colfax

Hours: Open seven days a week,
7 a.m. to 6 p.m.

Note: The Moose Café is closed.

Charlotte Regional Farmers Market

1801 Yorkmont Road
Charlotte

Hours: Open Tuesday through
Saturday, 8 a.m. to 5 p.m.

Western North Carolina Farmers Market

570 Brevard Road
Asheville

Hours: Open seven days
a week, 8 a.m. to 5 p.m.

Note: The Moose Café is closed



On-Farm Pickups

If you are looking for another place to get your food that limits contact with others, you can reach out to some of your local farmers. There are over 100 farms across the state where you can purchase fresh foods directly. Information on these farms is available on the Carolina Farm Stewardship website at <https://www.carolinafarmstewards.org/on-farm-pickups/>

*For more information, contact Janine Woods, Ph.D.,
agribusiness and marketing specialist, at sjparker1@ncat.edu.*

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