**STUDENT SELF-EVALUATION**

***Directions:*** Please check only **one** Course and **one** Program

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| --- | --- |
| ***Course*** | ***Program*** |
| [ ]  Practicum | [ ]  Mental Health Counseling - Clinical |
| [ ]  Internship I | [ ]  Mental Health Counseling - Rehabilitation |
| [ ]  Internship II | [ ]  School Counseling |
|  | [ ]  PhD RCRCE |

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| --- | --- | --- | --- |
| **Student’s Name:** |       | **Date:** |  |

**Rating Scale**

 **Poor/Often Good/Often Excellent/Always**

**1……..……2…….…..…3……..……4…….……5…….……6…….…….7**

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| 1. Ability to comprehend client’s issues. | 1 2 3 4 5 6 7 N/A |
| 2. Can facilitate client expression of thought and feeling. | 1 2 3 4 5 6 7 N/A |
| 3. Able to maintain control of the counseling session. | 1 2 3 4 5 6 7 N/A |
| 4. Can recognize and skillfully interpret client covert messages. | 1 2 3 4 5 6 7 N/A |
| 5. Can identify relationships among conceptual themes as expressed by the client. | 1 2 3 4 5 6 7 N/A |
| 6. Able to respond to important developments during session. | 1 2 3 4 5 6 7 N/A |
| 7. Trust your insight/intuition during counseling session. | 1 2 3 4 5 6 7 N/A |
| 8. Feel comfortable in the role of counselor. | 1 2 3 4 5 6 7 N/A |
| 9. Ability to show client the person behind the counselor (appropriate counselor self-disclosure). | 1 2 3 4 5 6 7 N/A |
| 10. Can recognize the significance of client statements in relation to the presenting problem. | 1 2 3 4 5 6 7 N/A |
| 11. Ability to keep session moving toward an appropriate outcome. | 1 2 3 4 5 6 7 N/A |
| 12. Can assist the client to identify appropriate outcome and/or process goals. | 1 2 3 4 5 6 7 N/A |
| 13. Able to convey competence to the client. | 1 2 3 4 5 6 7 N/A |
| 14. Can resist feeling threatened or becoming defensive. | 1 2 3 4 5 6 7 N/A |
| 15. Ability to convey warmth and caring to the client. | 1 2 3 4 5 6 7 N/A |
| 16. Have an understanding of organizational procedures. | 1 2 3 4 5 6 7 N/A |
| 17. Overall ability to conceptualize the case correctly. | 1 2 3 4 5 6 7 N/A |
| 18. Can convey genuine interest in the client. | 1 2 3 4 5 6 7 N/A |
| 19. Able to establish a good rapport with others. | 1 2 3 4 5 6 7 N/A |

Adapted from Evaluation of Therapists Rating Scales Performance (Short Form) scale. Bernard, 1982.